



HORIZONS NEWSLETTER

NOVEMBER
& DECEMBER

EDITION

KEEPING YOU IN THE LOOP



Donna
Saffioti-Johnson
Warrior
of Peace



The Mission District Peace Collaborative has deemed Horizons' Principle Substance Abuse Counselor Donna Saffioti-Johnson *Mission District Peace Keeper*. This grand honor was announced at the November 4th Mission Peace March, wherein Donna was publicly celebrated for her countless years of love & dedication to our community.

The Warrior of Peace Award is one of many awards Donna has received to honor decades of community activism and service. Additionally, she has volunteered for over 20 years doing outreach, crisis intervention, and counseling in San Francisco.

CHEYENNE BELL LEADERSHIP AWARDS

Each year, The Center for Young Women's Development honors the memory of Cheyenne Bell by celebrating individuals who work with and on behalf of Bay Area young adults in the juvenile & adult justice systems.

Cheyenne Bell worked as the Director of Community Programs in SF Juvenile Hall, connecting high-risk youth with local non-profits in an effort to expand educational opportunities and improve the justice system itself.

This past September, a handful of OP Pre-Enrollment staff & program participants attended the 7th annual award ceremony. While our very own Donna Saffioti-Johnson took home the honor several years back, 2009 Awardees included workers from the following agencies: The SF District Attorney's Office, Legal Services for Prisoners with Children, and Youth Justice Institute.

NDEP PARTICIPANTS & DJ PROJECT WORK-SITE HONORED

Four Horizons' NDEP (New Directions Employment Program) youth have been publicly recognized for their unique successes here at the agency. Jordan, Deprece, Gabriel, & Sylisia were highlighted in the November MYEEP Newsletter, a feature stemming from the pivotal role they played in the hiring process of our new DJ Project coordinator, Matt Moretti. They actively participated

in the interviews by asking youth-relevant questions and contributing a fresh perspective to the table. Being involved in the process not only helped us choose the right candidate, it gave these youth an opportunity to showcase their polished skills of etiquette & professionalism.

MYEEP HOSTS SHOE PAINTING PARTY



MYEEP Coordinator Sabrina Mutukisna is using the creative crossroads of art & zapatos to support a SoCal Tour for college-bound youth. The first ever Horizons' Shoe Paint Party is a fundraiser to supplement the \$755 donation from Landor Associates this past September.

The event takes place on Friday, December 4th from 7-9 pm here at Horizons. For a mere \$55, you will receive 1 pair of Converse All-Stars, paint, and food. Not to mention, you'll be supporting a great cause while having a great time. If you've already got a pair of kicks, half the donation is welcomed.

November Progress & December Updates

6th Annual Young Women's Conference

For the third time in four years, FAV participated in the Young Women's Conference hosted by State Senator Mark Leno in collaboration with Planned Parenthood Golden Gate. FAV was invited to host a workshop on *Self Love*, a topic that nicely suited both FAV curriculum and this year's conference theme, "Own It!- Your Body, Mind & Life."

YWAP accompanied FAV as conference attendees, supporting their young women counterparts and ultimately benefitting from the event's expanse of knowledge. FAV & YWAP participants pose below:



Females Against Violence (FAV)

The first cycle of 2009-2010 FAV programming culminated this past November with a parent presentation graduation dinner. The 7 empowered graduates spoke confidently to an audience of loved ones, sharing invaluable knowledge of domestic violence & healthy relationships. Below: Participants pose with certificates of completion & flowers of appreciation:



These young females against violence cultivated bonds within their tight-knit group, bonds that will surely extend throughout the years to come.

Environmental Prevention Program

FACT OR FICTION: Myths & Misinformation about Alcohol Use
by Children & Adolescents

TRUE or FALSE? Since European children drink alcohol from very early ages, they don't view alcohol as "forbidden fruit" and drink in moderation, responsibly and appropriately.

FALSE

This misconception is a long-held belief that has been proven false. A report compared the 2003 European School Survey Project on Alcohol and Other Drugs (ESPAD) to the 2003 United States Monitoring the Future Survey findings.



This comparison showed:

- A greater percentage of young people from almost all European countries reported drinking in the past 30 days than U.S. youth.
- A great majority of European countries reported higher rates of self-reported intoxication among young people than in the U.S.

This study shows that the laws protecting minors are there for a true purpose. Still we find that we have a large number of teens and young adults that drink alcoholic beverages in our communities. Our program will focus on developing a strategy to get our message across to our community.

Korise Jubert is a familiar face around the agency, having worked for several years as our DJ Project Audio Production consultant. In

addition to these DJ Project tutorials, Korise will now be coordinating our Environmental Prevention Program. We're excited to have Korise on board as a full-time employee.

Young Women Arise (YWAP)

It's always amazing how fast program cycles spin by. YWAP is approaching the end of the 1st peer counseling training program of the year; participants are set to graduate mid-December. These young women began program as mere acquaintances, and within 5 months time, have cultivated a support network for themselves here at Horizons.



YWAP participants become facilitators themselves this December. Check back next newsletter to see how each young woman ran a support group of her own.

The DJ Project

As of November 1st, Matt Moretti is our new DJ Project Employment Program Coordinator. DJ Project youth participated in the interview process, helping Program Director Celina Lucero to select Matt with less than 2 weeks before the fall cycle was set to begin. Jumping right into ice breaking exercises and lesson on job readiness, Matt has gotten off to a great start.