



HORIZONS

MAY NEWSLETTER

KEEPING YOU IN THE LOOP

HORIZONS SOCCER TEAM TAKES SECOND

Horizons Young Mens Soccer Team traveled to Sacramento on March 13th to participate in the regional Association Cup tournament. Mentored by Horizons Coordinator Hector Ramos and coached by Juan Cornejo, Horizons F.C. played three grueling games throughout the weekend. Putting aside pain and fatigue to proudly represent Horizons and San Francisco as a whole, the team of 18 young athletes finished with 1 win, 1 tie, and 1 loss for a second place position in the competition.



HU Soccer Team is part of our Prevention Education, After School Program, geared toward engaging youth ages 12-21 in healthy and positive extra-curricular activities.

YOUTH ENGAGEMENT SERIES: PART 2 & 3

Sergio J. Morales returned to the agency this past April to finish up the final two chapters of his highly relevant informational trainings on youth engagement.

The second training surveyed the role of Young Men in Domestic Violence- The hierarchal construction of power and control; Identifying and assessing commonplace patterns of behavior; Strategies to create a process of change. This training served exceptionally applicable to the immediate future of Horizons, as our newest program- Young Males Against Violence- is set to begin mid-May.

The third training examined Sex, Gender, and Sexuality: Creating Space for LGBTQ (Lesbian, Gay, Bisexual, Transgender, Questioning & Queer) Youth. Sergio called attention to the fluidity of sexual self-identification and the challenges facing questioning youth, including Heterosexism & Homophobia. As with all his trainings, Sergio ended on a solution-based note- How to develop programs that meet the unique needs of LGBTQ Youth.

Agency Renovation *courtesy of Al*

Professional carpenter Al Quinn is giving Horizons the makeover of a lifetime. Preparing for the fire inspection, handling agency repairs, and general building beautification are some of the many agency improvements Al has provided us here at Horizons.

Al was first contracted as a response to program expansion. The birth of Young Men Against Violence and the continuation of Young Women Arise called for an increase in need for proper programmatic space. Al met our request by prepping two of the agency's rooms with new paint jobs, curtains, and more. Everything looks beautiful.

Next came the fire inspection. Al installed over 30 fire detectors throughout the agency in order to meet state regulations for youth service providers such as ourselves.

Horizons Unlimited is grateful to Al Quinn for all his hard work. If the need for building maintenance arises in the future, we know who to call.

Pictured below: Al Quinn with son Little Al:



Electronics To Recycle?

Broken electronics constitute hazardous waste. Horizons is issuing a call for all old, broken electronics to be properly recycled this upcoming month. DVD players, telephones, printers- all electronics welcome. Contact Casey for further details @ (415) 487-6713.

April Progress & May Updates

International Worker's Day

May 1 is colloquially known as May Day, a day revered for shared political aspirations for the freedom of workers. The exact significance of this holiday varies by region and country; here we shall focus on it's ties to international workers' solidarity.

In 1884, the U.S. Federation of Organized Trade & Labor Unions declared an 8-hour work day to be law, but the business owners refused recognition. Workers throughout the country took to the streets in a general strike in what history would later deem the The Haymarket Riots. Protest turned massacre in Chicago, as police opened fire on the unarmed striking workers. Uproar against the government resounded across the nation; Rallies to recognize this day have existed ever since.

THE DJ PROJECT

The first Saturday in April was filled with rhythm and basketball as DJ Project youth helped orchestrate Horizons Unlimited 5th annual Hip Hop Hoops Tournament. Mission Recreation Center welcomed over 200 youth through their doors, supporting local hoops participants and Horizons as a whole.



The Hip Hop Hoops Appreciation Party followed two weeks later, taking place on Friday April 17th @ Horizons. The evenings was filled with great food, fun and entertainment- music provided by DJ Project youth DJs and an outstanding performance by local Bay Area artists The Jacka and Laroo.



FEMALES AGAINST VIOLENCE (FAV)

A new chapter in the FAV Book Of Space has been written. Following a consensus among participants and FAV Coordinator Linda Aguilar,

Females Against Violence has opted to move program space from their previous downstairs room to the old computer room directly across the hall. Spiritually cleansed with salt & sage, their new room is set to nurture positive new beginnings.



YOUNG WOMEN ARISE PROJECT (YWAP)

Speaking of shifting spaces, YWAP is cultivating a new domain of their own in FAV's old neck of the woods. This year's Peer Counseling Program will be running out of the old FAV on the left side off the downstairs corridor.

Putting into action the skills she's acquired during these past 6 months of training, YWAP participant Stephanie was the first brave soul of the YWAP young women to lead a support group of her own. Stephanie facilitated a Project Runaway support group in mid-April, an introductory session inclusive of a check-in, ice-breaker, and trust-building exercise. Congratulations Stephanie.

With a new flyer in the works thanks to Fernando Serrato, YWAP will have a gorgeous new look for the upcoming fiscal year. He digitally placed the world at YWAP's fingertips; See top of 3rd column -->



PROJECT RUNAWAY

The young women of Project Runaway are half way through their series of workshops aimed at increasing self-esteem for handful of spirited participants. April workshops focused on Healthy Love, Fashion, and Life Skills- three themes important to maintaining confidence and boosting awareness of self-care. Participants also took part in a Horizons' on-site Capoeira class, dropping in for a brief introduction to Afro-Brazilian martial arts.

As promised, the young women of Project Runaway in full effect. See Below:



Upcoming Activities Mark Your Calendars

May 6

- All-Staff Meeting @ 12:00 pm