



M A Y NEWSLETTER

K E E P I N G Y O U I N T H E L O O P

Welcome Back!

We have seen Horizons Unlimited grow as an organization during the 2007-2008 fiscal year. Now it's time to document these past successes and plan for future progress to come. Welcome to the Horizons Unlimited Newsletter Revival!

Recycling

Along with the reemergence of our Newsletter, Horizons is now re-equipped with a blue recycling cart currently located in the downstairs multi-purpose room. You can personally deposit cans and bottles, or assist in the process by using the left-hand kitchen trash can as recycling *only*.

Salsa Recital

After months of practice, the Youth of IOP CALMECAC brilliantly performed their salsa routine at the Latino Commission Graduation ceremony on 4/25. With special thanks to internationally acclaimed instructors Tiane and Ricardo, our youth let loose for over two hundred gracious attendees. Performers included Marlen Sanchez, Karlos Hernandez, Yuridia Larios, Daniel Peña, Jose Herrera, Itzel Matias, Cecilia Moreno.

New & Old, Silver & Gold

Congratulation to Donna Saffioti-Johnson for 20 years of dedicated service to Horizons Unlimited and the larger SF community. Her selfless devotion to the city's youth is an inspiration to us all.



Donna Saffioti-Johnson

Welcome aboard new members of the Horizons team:

- Angelina Silva, Administrative Assistant
- Jackie Balingit, Substance Abuse Counselor
- Beverly Escobar, Outreach Coordinator
- Marcos Diaz, Outreach for The DJ Project
- Carlos Gonzales, Outreach for The DJ Project

Upcoming Activities

Mark Your Calendars

May 1

- International Workers Day: Rally and March
10:30 am @ Beach & Mason.
2:00 pm @ Dolores Park.
5:00 pm @ Civic Center

May 5

- FAV Level 1 Cycle 4 begins

May 9

- The DJ Project Open House & Record Release Party

May 12

- MYEEP Graduation/
Carnival @ State Building/
Golden Gate Park

May 27

- NDEP Incentive Award Outing @ Yerba Buena Bowling

BIRTHDAYS

- April 30 Celina
- May 17 Dorine

On 4/25 Casey Gold represented Horizons @ the 1st California CCISC Change Agent Convention. As CBHS has adopted the dual diagnosis model of integrating Mental Health and Substance Abuse services, the convention educated CBO reps. on innovative implementation strategies.

Progress & Achievements Report



IOP BILINGUAL CALMECAC SKOOL OF THOUGHT

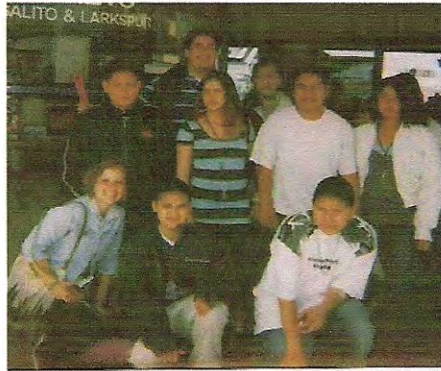
A new sector of Horizons' already existing Intensive Outpatient Program. 'Skool of Thought' prides itself on youth urban arts and healing. Mondays and Tuesdays are Djing classes with DJ Quest; on Wednesdays youth practice Street Art with substance abuse counselor Fernando Serrato. Looking to expand participation, Skool of Thought steadily continues outreach.

FEMALES AGAINST VIOLENCE (FAV)

April was a big month for FAV. Youth attended the Horizons Board of Directors Meeting, where they gave insight as to the future of FAV. Youth also represented their cause at the Youth Leadership Institute's Town Hall meeting for Underage Drinking.

A new cycle is beginning this month; the final of four Level 1 cycles. Similar to past cycles, it will focus on the basics of Domestic Violence, Power and Control, and healthy vs. unhealthy relationships.

FAV Level 1 Cycle 3 Parent Graduation Presentation ----->



IOP Youth @ SF Ferry Building Spring Break trip to Sausalito

INTENSIVE OUTPATIENT PROGRAM

A successful Spring Break program brought a group of predominantly newcomer-youth up Coit Tower, across the Golden Gate Bridge by foot, and gliding across the Yerba Buena skating rink.

Rounding out the school year, IOP has added 4 new Middle School counseling groups at James Lick and Everett.

FEMALES AGAINST VIOLENCE: FUNDING

Executive Director and internal Grant Writer Nora Rios Reddick has submitted a grant proposal to the Department on the Status of Women in hopes of expanding FAV.



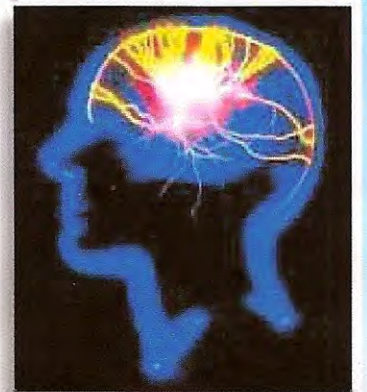
A Laugh Or Two

In the restroom at work, the Boss had placed a sign directly above the sink. It had a single word on it. "Think!"



The next day, when he went to the restroom, he looked at the sign and right below, immediately above the soap dispenser, someone had carefully lettered another sign which read "Thoap!"

FOOD FOR THOUGHT



Pleasure in the job put perfection in the work.

-Aristotle